



NEW ENGLAND
ORAL & COSMETIC FACIAL SURGERY

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AFTER BOTOX COSMETIC TREATMENT

Congratulations on receiving one of the most fascinating cosmetic procedures today. Your recovery period should be simple, carefree, and easy. You will begin noticing an effect in 2-3 days and maximal effect occurs at around 2 weeks after the procedure. You should arrange an office visit after two weeks to evaluate the need for a “touch up” injection if desired.

How you will feel

Recovery should be painless. Extra-strength Tylenol should control any local discomfort. Please avoid any aspirin products for 2 weeks before and a few days after the procedure.

What to do after the procedure

Do not rub the area of injection, especially over the eyes. This may diffuse the toxin to adjacent muscles and create an undesired effect. This is sometimes how certain eye muscles can be paralyzed and double vision occurs. Sleep with your head elevated for a couple of days. You may apply ice over the area during the first day, but do not press the ice down or rub it in as this may diffuse the Botox. Do not lie down or bend over for 4 hours.

You may resume all other normal activity.

Diet instructions

Resume your normal diet.

Medications

You will not need any prescriptions afterwards.

If problems do occur

Unwanted muscle weaknesses are uncommon. If any should occur that lead to eyebrow droop, mouth droop, double vision, asymmetric facial expression, or others, do not be alarmed. Most problems can be handled easily. Call the office at once and come in to be seen. If there is any bruising, you may apply ice as instructed above. The bruising will resolve in a few days. Makeup can be applied over this as well.

Contact Information

It is our desire that your recovery be as smooth and pleasant as possible. Following these instructions will assist you, but if you have questions about your progress, please call the office at 604-507-0514. Please try to call during office hours; however a 24-hour answering service is available for after hours contact with Dr. Bahi. For after hours please call 604-507-0514 and then press 1 when the recording begins.