



AFTER REMOVAL OF MULTIPLE TEETH

Bleeding

Bleeding should never be severe. If so, it usually means that the packs are being clenched between teeth only and are not exerting pressure on the surgical areas. Try repositioning the packs. If bleeding persists or becomes heavy you may **substitute a tea bag** (soaked in very hot water, squeezed damp-dry and wrapped in a moist gauze) for 20 or 30 minutes. If bleeding remains uncontrolled, please call our office.

Syringe

A syringe was given to you at the time of your surgery. Please do not use this until 48hours after your surgery. Fill a glass with warm water and 1/4tsp of salt. Put the syringe tip in the glass and pull back. Place the tip of the syringe at the extraction site and squirt gently. This can be done after every meal for up to three days

Pain

For mild discomfort use aspirin, Tylenol or any similar medication; two tablets every three to four hours. Ibuprofen (Advil, Motrin) 200mg can be taken two to three tablets every three to four hours. For severe pain, use the prescription given to you. If the pain does not begin to subside in two days, or increases after two days, please call the office. If an antibiotic has been prescribed, finish your prescription regardless of your symptoms.

Immediate Care

Do not rinse your mouth for the first post-operative day, or while there is bleeding. After the first day, use a warm salt-water rinse every four hours and following meals to flush out particles of food and debris that may lodge in the operated area. (One teaspoon of salt in a glass of lukewarm water.). After you have seen your dentist for denture adjustment, take out denture and rinse three to four times a day. Use ice packs (externally) on the same side of the face as the operated area. Apply ice for the first 36 hours only ice should be applied twenty minutes on and twenty minutes off. Apply ice continuously while you are awake.

Diet

Restrict your diet to liquids and soft foods that are comfortable for you to eat. As the wounds heal, you will be able to advance your diet. Drink plenty of fluids. If many teeth have been extracted, the blood lost at this time needs to be replaced. Drink at least six glasses of liquid the first day.

Post Operative Problems or Complications

The removal of many teeth at one time is quite different than the extraction of one or two teeth. Because the bone must be shaped and smoothed prior to the insertion of a denture, the following conditions may occur (all of which are considered normal):

- The area operated on will swell, reaching a maximum in two days. Swelling and discoloration around the eye may occur. The application of a moist warm towel will help eliminate the discoloration. The towel should be applied continuously for as long as tolerable beginning 36 hours after surgery (remember ice packs are used for the first 36 hours only).
- A sore throat may develop. The muscles of the throat are near the extraction sites. Swelling into the throat muscles can cause pain. This is normal and should subside in two to three days.
- If the corners of the mouth are stretched, they may dry out and crack. Your lips should be kept moist with an ointment like Vaseline. There may be a slight elevation of temperature for 24-48 hours. If temperature continues, notify the office.

Dentures

If immediate dentures have been inserted, sore spots may develop. In most cases, your dentist will see you within 24-48 hours after surgery and make the necessary adjustments to relieve those sore spots. Failure to do so may result in severe denture sores, which may prolong the healing process.

Contact Information

It is our desire that your recovery be as smooth and pleasant as possible. Following these instructions will assist you, but if you have questions about your progress, please call the office at 604-507-0514. Please try to call during office hours; however a 24-hour answering service is available for after hours contact with Dr. Bahi. For after hours please call 604-507-0514 and then press 1 when the recording begins.



NEW ENGLAND
ORAL & COSMETIC FACIAL SURGERY

K. BAHI, BSc., DMD, FRCDS(C), FCDS(BC), DIP ADSA
CERTIFIED SPECIALIST IN ORAL & MAXILLOFACIAL SURGERY

#1-6450 120TH ST. SURREY, BC
PH: 604-507-0514 FX: 604-507-0516

Please note: telephone calls for narcotic (pain killer) prescription renewal are ONLY accepted during office hours.